

ITALIAN ENTREES

served with a dinner salad

RAVIOLI CASSEROLE 8.95 <i>Homemade meat filled ravioli fried to perfection & baked with sauce & mozzarella cheese.</i>	SOUTHWESTERN PASTA 8.95 <i>Linguini with Italian sausage, sweet peppers, mushrooms, & garlic sauteed in olive oil topped with freshly grated cheese.</i>
CHICKEN AMAGGIO 9.25 <i>Marinated chicken breast rolled in bread crumbs, broiled & served over linguini with sauteed sweet red peppers & mushrooms in an amaggio sauce.</i>	SHRIMP LINGUINI 9.95 <i>Our rich, creamy lemon sauce finished off with grilled shrimp artichokes, sun-dried tomatoes, & fresh spinach.</i>
CHICKEN PARMESAN 9.25 <i>Served with spaghetti.</i>	CAVATELLI CASSEROLE 7.50 <i>Add meatball & sausage.</i> 8.25
SPAGHETTI 7.50 <i>With meatball or sausage</i>	BAKED LASAGNA 8.95 <i>A house favorite!</i>
FETTUCCINI ALFREDO 8.95 <i>Fettuccini noodles served in white sauce made of freshly grated cheeses & cream. Add grilled chicken 2.00 Add salmon 4.00</i>	POLLO PENNE 9.25 <i>Penne pasta, chicken, mushrooms, & tomatoes in pesto cream sauce.</i>
EGGPLANT AL FORNO 9.50 <i>Thin slices of eggplant layered with ricotta, mozzarella, and topped with a fresh tomato-basil marinara. Served with spaghetti.</i>	HOMEMADE SPINACH AND CHEESE TORTELLINI 11.95 <i>Served with a fresh tomato-basil marinara sauce.</i>
	CHICKEN CARBONARA 9.25 <i>Chicken, bacon, fresh peas in a creamy alfredo sauce served with linguini.</i>

PIZZAS

Mini 1 topping pizza, salad, & soft drink \$8.25

TOPPINGS: Capacolla, Ground Beef, Italian Sausage, Pepperoni, Shrimp, Anchovies, Black Olives, Green Olives, Green Peppers, Banana Peppers, Red Peppers, Onion, Mushrooms, Pineapple, Tomatoes, Sauerkraut, Alfredo Sauce, & Artichoke Hearts
Each additional topping 1.25

DRINKS

SODA (one refill free) 1.75	RASPBERRY ICED TEA 1.75
Coke	BREWED ICED TEA 1.75
Diet Coke	LEMONADE 1.75
Sprite	COFFEE 1.50
Mello Yellow	

Barattas Catering
515-281-4658
From delivery to full service on or off site.
www.barattas.com



BARATTAS'S LUNCH



243-4516

2320 South Union • Des Moines, Iowa 50315

APPETIZERS

ANTIPASTA	8.95	CAJUN SHRIMP	11.95
<i>A plate of assorted meats and cheeses with marinated vegetables and olives.</i>		<i>Served in a spicy beer & butter sauce with garlic bread.</i>	
CHICKEN STRIPS	7.25	APPETIZER COMBO	11.95
FOCACCIA BREAD	5.25	<i>Cheese sticks, chicken strips, & onion rings.</i>	
<i>Italian flat bread is brushed with olive oil, roasted garlic & topped with parmesan cheese.</i>		ONION RINGS	4.95
CHEESE STICKS	7.25	<i>half order</i>	
RAVIOLI	7.25	BRUSCHETTA	4.95
GARLIC CHEESE BREAD	3.75	<i>Six slices of crunchy baked Italian bread topped with our special blend of marinated tomatoes, green peppers, onions, & garlic.</i>	
ARTICHOKE SPINACH DIP	7.95		
<i>Spinach & marinated artichokes in a white cheese sauce with roasted garlic. Served with baguette bread.</i>			

SOUP & SALAD

our soup is homemade daily

SOUP DE JOUR (Barattas best)		WILD ALASKAN SEAFOOD SALAD	9.75
cup	2.95	<i>Crab, shrimp, cheddar cheese, artichokes, fire roasted red peppers & tomatoes.</i>	
bowl	3.95	ANTIPASTA SALAD	7.95
HOUSE SALAD		<i>Tossed Italian salad with turkey, capocollo, pepperoni, hard boiled egg, mozzarella, cheddar, mushrooms, red onions, & tomatoes.</i>	
regular	2.95	BLACKENED STEAK SALAD	10.95
large	3.95	<i>Blackened filet mignon, grilled portabella mushrooms, peppers, red onions and bleu cheese tossed with mixed greens in Balsamic Honey Dijon dressing.</i>	
CHEF SALAD	8.25	GRILLED CHICKEN SALAD	8.25
<i>Smoked turkey, capocollo, cheddar, hard boiled egg, mozzarella cheese & tomato.</i>		<i>Chicken breast, cheddar cheese, red onion, hard boiled egg & tomatoes.</i>	
COBB SALAD	8.25	JERRY'S SALAD	10.95
<i>Avocado, bacon, smoked turkey, hard boiled egg, cheddar cheese, tomato, & crumbled bleu cheese.</i>		<i>Blackened cajun shrimp, grilled portabella mushrooms, peppers, red onions and bleu cheese tossed with mixed greens served with Balsamic Honey Dijon.</i>	
ARANCIA INSALATA	7.95	DRESSING: Italian, Creamy Garlic, French, Honey Mustard, Thousand Island, Ranch, Caesar, Raspberry Vinaigrette.	
<i>Our fresh lettuce blend topped with fresh spinach, mandarin oranges, dried cranberries, bleu cheese crumbles, & finished with pine nuts. Add chicken or Salmon for 3.00</i>		<i>Add Bleu Cheese for (.75)</i>	
CAESAR SALAD	5.50	<i>We also offer reduced calorie Honey Dijon.</i>	
<i>Crisp Romaine lettuce tossed in our Caesar dressing, topped with hard boiled egg & crispy croutons. Add chicken for 2.00</i>			

SANDWICHES

served with french fries, onion rings, soup or dinner salad

STEAK SANDWICH	8.25	ITALIAN ROAST BEEF	8.95
<i>Grilled top sirloin with onions, pickles, & banana peppers served on a hogie bun. Chipotle style.</i>		<i>Thin sliced roast beef topped with red onions, roasted red peppers, pepper jack cheese, & angel ranch sauce.</i>	
HOT SAUSAGE	8.25	CHICKEN AMAGGIO SANDWICH	8.50
<i>add peppers</i>		<i>The one and only famous Amaggio! Served with mayonaise lettuce & tomato.</i>	
MEATBALL	7.95	ITALIAN CLUB	7.95
TRAMAZZINO	8.95	<i>Capocollo, smoked turkey, bacon, cheese, lettuce, tomato, & mayonaise served on warm focaccia bread.</i>	
<i>Our Reuben served with hot corned beef, pastrami, Swiss cheese, sauerkraut with thousand island dressing grilled on rye bread.</i>		GRILLED PORTABELLA	7.95
CHEESEBURGER	8.25	<i>Grilled portabella mushrooms, red pepper, green pepper, onion, topped with pepper cheese served on focaccia bread.</i>	
BREADED PORK TENDERLOIN	8.25	SICILIAN	8.50
GRILLED PORK TENDERLOIN	8.25	<i>Smoked turkey, capocollo, roast beef, pepper cheese, & roasted peppers served on focaccia bread.</i>	
<i>Served with sweet peppers & pepper cheese.</i>			
CHICKEN BREAST	9.25		
<i>Served grilled or breaded.</i>			

OLD FAMILY FAVORITES

served with dinner salad & choice of pasta, fries, or vegetable

BROASTED CHICKEN	9.95	GRILLED CHICKEN BREAST	9.25
<i>A house favorite.</i>			
TOP SIRLOIN (6 oz.)	9.25	BROILED SALMON	14.95
		<i>Served with our fresh lemon dill sauce</i>	

Our full dinner menu is also available for lunch with baked potatoes after 4:00pm.

18% Gratuity added for groups of 8 or more.